



# **Positive Youth Involvement Program**



## **Topics for Parents**

- ✓ Love and Limits
- ✓ Help your son and/or daughter achieve their goals
- ✓ Reward your son and/or daughter good behavior
- ✓ Consequences for bad behavior
- ✓ Help Identify Protective Factors and Identify Risk factors
- ✓ Encourage Interaction with your son and/or daughter school
- ✓ Thought Stopping and Problem Solving Techniques
- ✓ How to teach your children how to avoid high risk people, high risk situations, and high risk places

## **Topics for Youth**

- ✓ What's Important to you? (Do you have any Goals/Dreams?)
- ✓ Major Goal in life
- ✓ Understanding your feelings
- ✓ Thought Stopping and Problem Solving
- ✓ Making Wise Choices (Positive & Negative)
- ✓ How to avoid Danger & Avoid Problems
- ✓ How to avoid high risk people, high risk situations, and high risk places
- ✓ Refusal Skills and Peer Pressure

*Contact Griselda Hernandez, Police Social Worker at the Carpentersville Police Department at 847-551-3481 ext. 297 for more information.*